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- Original articles
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- Short communication
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All articles are submitted to an editorial committee for an acceptance decision. Anonymity is preserved between authors and referees;

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1. **Cover Letter:** Covering letter
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4. **Legends:** Legends for the figures/images should be included at the end of the article file.

Article Processing Fees

IJNRP is now charging an article processing fee of 3000 Rupees (Indian & Nepalese authors) and US\$ 80 (foreign authors).

Preparation of the Manuscript

The text of original articles should be divided into sections with the headings: Introduction, Methods, Results, Discussion, References, Tables, Figures, Figure legends, and Acknowledgment. Do not make subheadings in these sections.

Presentation and format

- Double spacing
- Margins 2.5 cm from all four sides
- Title page contains all the desired information
- Abstract page contains the full title of the manuscript
- Headings in title case (not ALL CAPITALS)
- References cited in superscripts
- References according to the journal's instructions, punctuation marks checked

Language and grammar

- Uniformly American English
- Abbreviations spelt out in full for the first time

Length of the manuscript

IJNRP accepts research articles up to 4500 words, excluding references.

Title Page

The title page should carry

1. Type of manuscript (e.g. Original article, Review articles, Short communication, Field report)

2. The title of the article, which should be concise, but informative;
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Abstract

The second page should carry the full title of the manuscript and an abstract (of no more than 150 words for Field reports, brief reports and 250 words for original articles). The abstract should be structured and state the Background, Methodology, Results and Conclusion. Below the abstract should provide 3 to 10 keywords.

Introduction

State the purpose of the article and summaries the rationale for the study or observation.

Methods

The Methods section should include only information that was available at the time the plan or protocol for the study was written; all information obtained during the conduct of the study belongs in the Results section.

Results

Present your results in logical sequence in the text, tables, and illustrations, giving the main or most important findings first. Do not repeat in the text all the data in the tables or illustrations; emphasize or summarize only important observations. Extra or supplementary materials and technical detail can be placed in an appendix where it will be accessible but will not interrupt the flow of the text; alternatively, it can be published only in the electronic version of the journal.

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Include Summary of key findings (primary outcome measures, secondary outcome measures, results as they relate to a prior hypothesis); Strengths and limitations of the study (study question, study design, data collection, analysis and interpretation); Interpretation and implications in the context of the totality of evidence (is there a systematic review to refer to, if not, could one be reasonably done here and now?, what this study adds to the available evidence, effects on patient care and health policy, possible mechanisms). Do not repeat in detail data or other material given in the Introduction or the Results section. In particular, contributors should avoid making statements on economic benefits and costs unless their manuscript includes economic data and analyses. Avoid claiming priority and alluding to work that has not been completed. Discussion may be concluded by a short conclusion paragraph. Or a separate **Conclusion** paragraph is also accepted.

References

References should be cited in the text by superscript numbers (placed after the punctuation). Number references consecutively in the order in which they are first mentioned (based on the Vancouver system).

If a referenced publication has six or fewer authors, all of the authors should be listed. If there are more than six, list the first six authors and add "et al".

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References to books should include authors' surnames and initials, full title, place of publication, the full name of publisher and date of publication.

References to journal articles should include authors' surnames and initials, the full title of the article, the full title of the journal (or its official abbreviation), date of publication, volume number, issue number and page span.

Journal article. An example of the correct method of citing a journal article is as follows:

1. Lowery, JT. Analysis of construction industry burden by type of work. *Am J Ind Med* 2000, 37(4): 390-399.

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1. Mann, A. *Medical assessment of injuries for legal purposes* (4th ed). Sydney: Butterworths, 1985.

Some variations of the standard citation given in the example above are as follows:

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1. McGrath, JE (ed). *Social and psychological factors in stress*. New York: Holt/Reinhart/Winston, 1970.

Book chapter

1. Schwartz, GE. Psychosomatic disorder and biofeedback: a psychobiological model of dysregulation. In Maser, JD and Seligman, EP (eds). *Psychopathology: experimental models*. San Francisco: WH Freeman, 1977.

Books in press

Books cited which are in the process of being published should be indicated by placing the words "in press" in parentheses after the year of publication, as follows:

1. Chandler, J, Berg, E and Barry, J. Workplace stress in the UK: contextualising difference. In Peterson, CL (ed). *Work stress: content and context*. Amityville: Baywood, 2003 (in press).

Some periodicals combine aspects of both books and journals.

Example

1. ACTU-VTHC Occupational Health and Safety Unit. ACTU health and safety policy: screen-based equipment. *Health and Safety Bulletin*, March 1983, no 26.

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1. Wakula, J and Wimmel, F. *Ergonomic and medical analysis of plasterwork: a basis for ergonomic redesign*. In the proceedings of the Second International Conference of the CIB Working Commission, W99: Implementation of Safety and Health on Construction Sites, Honolulu, Hawaii, 24-27 March 1999, pp 365-372.

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- Number tables, in Arabic numerals, consecutively in the order of their first citation in the text and supply a brief title for each.
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